

As our Wellington Orbit gradually reopens, you may still want to look at arts events available online. Our weekly menu gives you a weekly cultural selection. Check us out on Wednesdays and let us know what you would still like to hear about.

CULTURE MENU 7

Performing Arts

Watch the National Theatre's [The Deep Blue Sea \(trailer here\)](#) from Thursday 9 July at 7pm UK time until 16 July at 7pm. [Find out more about the National Theatre at Home here.](#)

NextUp are putting on a unique, curated stand-up [comedy festival](#) throughout July, accessible from anywhere. They're using large group Zoom calls led by comedians to create intimate, interactive, and hilarious experiences. Each comedian is performing their show once at 8pm. Individual show tickets are £9 and limited to 200.

[Tongue Fu](#) was recorded live on Facebook for National Poetry Day. It's an hour-long session of poets performing with improvised music accompaniment, developed by [The Space Arts](#).

Stream Opera North's production of Leonard Bernstein's short opera, [Trouble in Tahiti](#) available on Now TV, or via Sky Arts on demand (available with BSL or audio description).

[Greenwich Dance](#) are putting on episode two of Up My Street ONLINE! This week. Temujin Gill of Grounded Movement premieres his lockdown creation Essentials, and gives us a funky task to try at home!

Museums and Galleries

The Royal Academy's [Young Artists' Summer Show](#) is a free, open submission exhibition for young people aged 5 - 19 years, taking place both online and on-site at the Royal Academy of Arts to recognise talented young artists. The online exhibition will launch on 12 July.

And Some More...

Check out the Royal Academy's many online resources, including this [Family How-to redesign your street](#) for future generations.

Most of the links from previous weeks still work, so there is plenty to keep you entertained!